



Starters

Soup of the Day <i>Served with crusty bread & butter</i>	£3.75
Prawn Cocktail <i>Bound with Marie rose sauce, shredded crisp iceberg Lettuce, lemon, cucumber & tomato</i>	£5.25
Chicken Liver & Bacon Pate <i>Homemade farmhouse style pate served with plum & apple chutney, side salad & oatcakes</i>	£5.50
Haggis Bonbons, Whisky Sauce, Roasted Plums <i>Haggis balls bread crumbed & deep fried</i>	£4.95
Creamy Mushrooms Served on Toasted Brioche (v) <i>Mushrooms cooked in white wine, shallots, garlic & Cream sauce, finished with tarragon</i>	£5.00
Melon & Fresh Fruit stack (v) <i>Layers of melon, fresh available fruits, fruit coulis & passion fruit</i>	£4.75
Potted Smoked Haddock with Wholemeal Toast <i>Flakes of smoked haddock gently cooked in white wine, Spring onion & herb cream sauce, topped with mull cheddar, served with side salad & lemon</i>	£5.50
Nachos Topped with Cheddar Cheese, with or Without Chilli <i>Served with jalapeno peppers, tomato salsa, guacamole & sour cream</i>	£4.25/£5.50

Light Lunch Selection

Baked potato with a choice of filling <i>Tuna, Cheddar Cheese, Beans, Prawn Marie Rose, Spicy Chicken</i>	£6.95
Toastie with a choice of filling <i>Tuna Melt, Cheddar Cheese, Ham, Tomato, Onion, Chicken</i>	£5.95
Tortilla Wrap with a choice of filling <i>Tuna, Cheddar Cheese, Prawn Marie Rose or Spicy Chicken</i>	£5.95

All are served with market fresh Salad and our own Coleslaw



Main Courses

- Jocks Bar Omelette (v) £7.95
*3 egg omelette with choice of fillings.
Cooked very lightly so if you prefer well done please specify
With a member of our service team. Served with chips & salad*
- Chefs Thai Green Chicken curry £9.95
*Slightly hot cooked with chilli, lemongrass, ginger, coconut milk,
coriander & lime
Served with egg noodles*
- Beef Stroganoff £9.95
*Cooked in a creamy Dijon mustard, smoked paprika sauce with
mushrooms peppers, onion & garlic, Served with braised rice*
- Chicken Fajitas £8.95
*Served with onion & peppers, flour tortillas (3), salad,
Tomato salsa, guacamole & sour cream*
- Goats Cheese, red onion confit & spinach Pithivier (v) £6.95
Served with Sweet Pepper Coulis
- Chicken Kiev £8.95
*Chicken supreme filled with garlic & parsley Butter, in golden
breadcrumb, served with potatoes & vegetables*

Pies

- Steak, Sausage & mushroom pie £9.95
*Shoulder steak, sausage mushrooms cooked gently with real ale,
topped with flaky puff pastry & served with potatoes & vegetable*
- Chicken & Leek Pie £8.95
*Chicken and leeks cooked in a white wine & garlic sauce served
with potatoes & vegetables topped with puff pastry*
- Cottage Pie £7.95
*Traditional cottage pie topped with parsnip &
Horseradish mash, glazed with butter, served with vegetables*

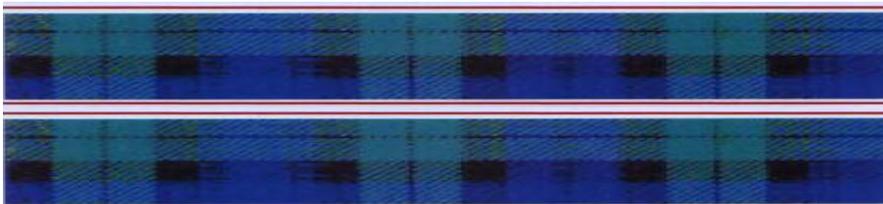
Grills

- All day Breakfast £6.95
*Sausage, bacon, fried egg, black pudding, mushrooms, baked
beans, potato scone & tomato*
- 7oz Rib eye Steak £16.75
*Cooked to your liking and served with chips & side salad,
Sautéed mushrooms & grilled plum tomato.*

Choice of sauces: red wine, peppercorn or whisky

6oz Aberdeen Angus Burger £7.95
Served in a toasted floured bap with tomato, onion & iceberg lettuce. Served with chips, coleslaw, Hamburger relish & gherkin

Toppings: Cheese £0.50 Cheese & Bacon £1.00
Mushroom £0.75
Sloppy Joe £1.80 (chilli, cheese, bacon & jalapeños)



Fish

Deep Fried Haddock in Beer Batter £9.50
Served with garden peas & chips, tartare sauce & lemon

Wholetail Bannermans Scampi £8.95
Double breaded wholetail scampi, produced in Tain, Scotland. Served with garden peas, chips, tartare sauce & lemon

Poached Salmon with Lemon Butter Sauce £9.50
Served with new potatoes and seasonal vegetables

Side Orders

Chips £2.00
New potatoes £2.00
Side salad £2.00
Seasonal vegetables £2.00
Onion rings £2.00
Garlic bread £2.00
Garden peas £1.75

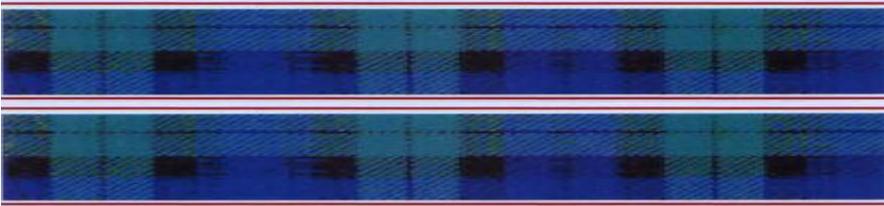
Salads

Cold Meat Salad £7.95
Chicken Caesar Salad £7.95
Caesar Salad £7.95
Green Salad £7.95

IF YOU HAVE ANY SPECIAL DIETRY REQUIRMENTS THEN
PLEASE LET OUR FOOD SERVICE STAFF KNOW SO WE CAN
HELP WHERE POSSIBLE

Jock's Sandwich Menu

Smoked Salmon, Chive Crème Fraiche and Cucumber	£5.85
Roast Chicken, Lettuce, Tomato & Mayonnaise	£4.95
Honey Roast Ham, Mustard and Lettuce	£4.50
Mature Cheddar and Pickle (v)	£4.50
Roast Beef, Rocket and Horseradish	£5.25
Tuna Mayonnaise	£4.25
Egg Mayonnaise (v)	£4.25
<i>(All Sandwiches are served with Tortilla Chips & Salad)</i>	



Desserts

Sticky Toffee Pudding	£4.50
<i>Chef's homemade sticky toffee pudding served with Butterscotch sauce & vanilla ice cream</i>	
Jock's Bar Pancake	£4.95
<i>Pancakes filled with 2 scoops of vanilla ice cream with butterscotch sauce & cream</i>	
Chocolate Brownie Sundae	£4.95
<i>Layers of chocolate brownie pieces with chocolate sauce, Vanilla & chocolate ice cream, chopped nuts & whipped cream</i>	
Eton Mess	£4.95
<i>Layers of crushed meringue with fresh local raspberries & strawberries, vanilla cream & berry coulis</i>	
Selection of Ice Cream	£4.50
Selection of Cheese	£5.95
<i>Served with celery, grapes & oatcakes</i>	

Beverages

Milk (Per Glass)	£1.25
Coffee	£1.75
Cappuccino	£2.25
Latte	£2.25
Espresso	£1.95
Tea	£1.50
Hot Chocolate	£2.25
Shortbread (Per Person)	£1.50



Children's Menu

Starters

Soup of the Day	£2.50
Melon and Strawberries (v)	£2.45
Garlic Bread and Melted Cheese (v)	£2.25
Potato Wedges, Sour Cream and Chilli Sauce (v)	£2.95
Prawn Cocktail	£3.25

Main Course

Two Grilled Pork Sausages	£4.25
Chicken Breast Nuggets	£4.50
Beefburger with or without Cheese	£5.95
Cheese and Tomato Pizza (v)	£3.95
Cod Goujons in Batter	£4.95
2 Egg Omelette Plain or with a filling of your choice	£4.25

*Above served with a choice of fries or mashed potatoes
And salad, vegetables or beans*

Desserts

Banana Split	£3.25
Sticky Toffee Pudding, Vanilla Ice Cream	£3.25
Jock's Pancake, Butterscotch Sauce	£3.25
Selection of Ice Creams	£2.50

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CAN HELP WHERE POSSIBLE



Jock's Bar

Menu



History of Jock's

The Black Watch was perhaps one of the most famous regiments in the British Army until sadly ceasing to exist as a regiment in March 2006. Formed as a Regiment of Foot in 1739 (later designated as the 42nd), the Black Watch derived its name from the dark tartan, worn by the soldiers and their initial role to 'watch' over the Highlands. King George II was later to add the title 'Royal Highland Regiment' to the Black Watch in recognition of their achievements.

In 1745 the Regiment under the Duke of Cumberland had its first battle at Fontenoy in Flanders against the French, who described them afterwards as "Highland Furies who rushed in more violently than a sea in a storm". One Jock (soldier) killed nine men with his broadsword and had his arm lopped off while taking a swipe at the tenth!

Fontenoy is indeed a worthy battle to stand at the head of the Black Watch's famous history as a fighting regiment. Amongst a mass of battle honours gained during the following 260 years of service, stand the likes of Waterloo, Alma, Lukenow, Ypres, the Somme, Dunkirk, Tobruk, El Alamein and the Hook (Korea). In their final active tour, the Black Watch as ever performed with distinction and were awarded two final battle honours, Al Basrah and Iraq 2003, which were a fitting end to their final chapter as a regiment.

The Black Watch was our local regiment, recruiting primarily from Perthshire, Fife, Angus and Dundee. Soldiers in the Black Watch, and other Scottish regiments, have traditionally been known as 'Jocks'. Jock's Bar has been duly named in memory of all those soldiers and officers who had the honour of serving in this famous regiment and wearing the Red Hackle in their bonnets.

